District 5M-6

VISION

DG Gina Detviler October 2022

PDG Gina Detviler Elected New District Governor for 5M-6

Congratulations to PDG Gina Detviler! She was recently named the 2022-2023 District Governor for District 5M-6.

She previously served as a District Governor (DG) for 2021-2021 (which was during the peak of Covid-19 pandemic).

To fill a unexpected vacancy in the this year's DG position, a special election was convened in accordance with LCI rules. Her nomination was recommended by District 5M-6 PDGs. This recommendation was forwarded to the LCI Executive Board for approval, where she received final confirmation.

PDG Gina has also served as a club president from 2015-2016, as a zone chair from 2016-2017 and as the District 5M-6 newsletter editor from 1999-2015.

If you volunteer for something that you really care about, you don't have to be pushed, the Vision pulls you.

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FIND DISTRICT 5M-6 ONLINE

LIONS5M-6.ORG

FACEBOOK.COM/LIONSDISTRICT5M6

PRESIDENT'S MESSAGE

Together We Can with International President Brian Sheehan

Dear Lion,

One of the best parts of being a Lion is that every day you can see how your service changes lives right outside your door. But that's only the beginning. Because whether your focus is local or global, your impact goes far beyond your community. Especially when we serve our global causes.

Our global causes unite the talents and innovation of every Lion and Leo around the world. So if you're looking to take on an ambitious new service project, consider one of our global causes. And no matter how you serve, keep it up because Together We Can starts with you.

Make a great day,
Brian Sheehan
International President

Service Spotlight: Diabetes

One of the biggest ways we make a difference is by serving our global cause of diabetes. It only takes small steps to prevent millions from developing type 2 diabetes, and that's where Lions can be the difference.

Visit our diabetes cause page to learn more about this disease and download the resources your club needs to educate your community and raise awareness. You can also download our diabetes project planners to help you make an even bigger impact in your community.

And with World Diabetes Day on November 14, there's no better time to start planning a great project. And don't forget to share your story using the hashtags #WeServe and #LCIFLions.

Greetings From Your GLT Team

Greetings from your GLT team!

Welcome to October-a month of beautiful fall colors and fun activities! The name October is derived from the Latin word “octo” or eight.

Symbolically it stands for prosperity, peace and personal fulfillment-focusing on your personal journey. What a great time to think about your own personal growth as a Lion! There are many learning opportunities for you at your fingertips that will hopefully inspire you and not take too much of your time. Take a look!

1. Lions Virtual has some great 1-hour webinars that are short, free, modern, and chock-full of great ideas. The next one takes place on Nov. 12 and is titled “Learn to Serve, Serve to Lead Academy: Together We Can - Serve Better.” You can register at the link below: https://tinyurl.com/leadtoserve

2. LCI learning Center has many opportunities for Club officers to learn about their roles. Once you log-in, hit the LEARN button at top of the website. Once you open this area, select your training topics.

3. Please refer to Page 15of this newsletter for information about the upcoming 5M6 Membership and Service Workshop.

4. Take advantage of the exciting learning opportunities at the Mid-Winter Convention in January.

5. Presidents, please watch for a survey in the near future to help determine what our clubs need/would like to see offered.

6. Looking ahead to 2023- New officer training mid-April both in person and virtual Guiding Lions training

If you are not willing to learn, no one can help you. If you are determined to learn, no one can stop you.

Zig Ziglar

5M6 Together We Can

Top: Another successful year at **Mahtomedi's PunkinMania!** The event is an annual fundraiser for the **Wildwood Lions** and Friends of the Lions.

Top Right: Maplewood Oakdale Lions helped the City of Oakdale with buckthorn removal. For more information about the threat that this foreign species poses to our native forests, please click **here.**

Second Page Top: Afton Bayport Lakeland - ABL Lions had a wonderful time welcoming the Lions International Board family to Minnesota! From Oktoberfest to walking the streets of downtown Stillwater, they had fun interacting with Lions from all over the world.

Second Page Bottom: A small group of MN Lions Diabetes Foundation Trustees, and other volunteers who worked with the Lions Club International Directors partners-in-service on Oct. 4 to assemble 2000 Diabetes Emergency Kits. These will be used when an individual is experiencing a low blood sugar (glucose) level (Hypoglycemia). Kits will be distributed to schools and other community organizations throughout Minnesota beginning in mid-October through November Click here or the Sept. 2022 newsletter here for more information. There may be some remaining kits. Club presidents should check with the District 5M-6 Diabetes Foundation Trustees if interested.

Immediate Right: On Oct. 1, the **Lakeville Lions Club** held a Health and Wellness Fair at the Lakeville Heritage Center. The event included Club projects as well as dozens as health related organizations from the community

5M6 Together We Serve

5M6 Together We Can

Above: The Scandia-Marine Lions hosted a community pancake breakfast on Oct. 15th. In addition to serving 180 people a hearty breakfast (pancakes, scrambled eggs, sausages, fruit cup, and orange juice), the Lions raised $952.75 in donations to support local programs and services.

Second Page Top For the **Lakeville Lions Club** Annual Bed Build on Sept 9th & 10th, 350 volunteers built 124 Beds. Of the 350 volunteers, 25 were Lions Club members (with 10 friends and family assisting) in covering 49 shifts in 98 hours!

Second Page Bottom: On Sept. 16, volunteers from the **Shoreview Arden Hills Lions Club** (and other Clubs) as well as members of other service organizations built beds for Sleep in Heavenly Peace.

Across: **Scandia Marine Lions** and volunteers passing out over 600 cinnamon rolls for Cinnamon Bun Day. This was a collaborative effort between the Scandia-Marine Lions, Gammelgarden Museum, and the City of Scandia.

5M6 Together We Serve

Training and Leadership Sessions

On Oct. 11, the Scandia Marine Lions hosted an all District 5M-6 Chili Dinner/Workshop with Zone Chairs and other District leaders. Besides having a fantastic meal, participants shared information about club service projects and what made them successful. Fellow Lions also had an opportunity to learn and ask questions about projects being worked on by various Foundations. (Zone meeting photos taken by Tim Triplett).

Later in October, several Lions from 5M-6 had the opportunity to attend a Lions Regional Lions Leadership Institute. The three-day intensive workshop provides Lions with information about club operations and resources available to clubs, as well as the opportunity to gain both valuable leadership skills and a deeper understanding of how to better serve clubs. The photo on the bottom of the next page shows District 5M-6 participants and faculty.

5M6 Together We Serve

SEPTEMBER/OCTOBER

CLUB ANNIVERSARIES

Maplewood Oakdale	**9/26/1963**
St. Paul Park Newport	**9/28/1955**
Eagan	**10/1/1969**
Mounds View	**10/5/1964**
New Brighton	**10/9/1950**
Vadnais Heights	**10/31/1980**

Lions Clubs International FOUNDATION

Greetings Lions and Leos!

Greetings Lions and Leos!

We are each guided by kindness to serve not only those in our own communities, but also people in need around the world. Giving to Lions Clubs International Foundation (LCIF) ensures that your donation makes the most impact, both locally and globally. LCIF is the only Lions foundation to empower the service of Lions worldwide, and 100% of your donation benefits LCIF grants and programs. LCIF grants magnify the impact of Lions around the world. Explore the LCIF Grants Toolkit by clicking here to learn more about grants and how to apply, so your club, district or multiple district can make a difference in your community or across the globe. Thank you for joining me in service through doing AND giving.

Douglas X. Alexander
LCIF Chairperson

MINNESOTA LIONS HEARING FOUNDATION, INC.

"Believe and Be Heard"

This is our motto for this next year. Our goal is to make sure that Minnesota Lions know about our mission and vision—to help those with hearing needs through education, research and promotion.

Our plan is to continue with the projects we now have and add a couple of new ones, including researching devices for screening hearing in both young and old, similar to the KidSight outreach. We also are in the process of making affordable hearing aid applications more available. We also ask that each club become more active in their communities to locate those with hearing needs so we can serve them.

We are also excited to begin a new "signature" project—updating the temporal bone lab at the University of Minnesota. Over 25 years ago, MD5M gave the funds to build the existing lab.

It is sadly very outdated. The university has asked for our help in remodeling and modernizing the lab in a new location with the latest equipment. The foundation has agreed to help with this as they begin the project. More about this in the next newsletter.

Thanks again for all you have done in the past and for your continued support.

We want to promote your club's events! Don't see your event here?
Please submit details to williamspkha2259@gmail.com to get your event listed.

Minnesota Lions Diabetes Foundation Update

More than 37 million people in the United States live with diabetes. 96 million American adults — more than 1 in 3 — are prediabetic. 80 percent who are prediabetic do not know it. Those are big numbers. The risks associated with those numbers are huge.

Prediabetes
Prediabetes is a serious health condition in which your blood glucose (sugar) levels are higher than normal, but not high enough for a diabetes diagnosis. Your body does not respond normally to insulin, a hormone made by your pancreas that allows blood sugar into body cells for use as energy. As a result, your pancreas makes more insulin to get cells to respond. Eventually your pancreas can't keep up and your blood sugar level increases and the stage is set for you to be prediabetic.

People who are at risk for prediabetes
If you have any of the following risk factors for prediabetes, talk with your health care provider.

- Being overweight or obese
- Age 45 or older
- Have an immediate family member (parent, brother, sister) who has been diagnosed with Type 2 diabetes
- Physically active less than 3 times a week
- Diagnosed with gestational diabetes diagnosis while pregnant
- Birthed a baby who weighed more than 9 pounds
- Have health conditions such as high blood pressure and high cholesterol or a history of heart disease or stroke
- Diagnosed with Polycystic Ovary Syndrome or Metabolic Syndrome
- Darkened skin in such areas as armpits, neck or groin
- African Americans, Hispanic / Latino Americans, Alaska Native, American Indians, Pacific Islander American,
- Native Hawaiian, Asian Americans are at higher risk

Children and Prediabetes
Prediabetes and diabetes are becoming more common in children and adolescents, most likely due to increase in childhood obesity. Ask health care providers for prediabetes screening for children and youth who have risk factors:

- Family history of Type 2 diabetes
- Being of a race or ethnicity associated with increased diabetes risk
- Had low birth weight
- Born to mother who had gestational diabetes

Preventing moving from prediabetes to Type 2 diabetes
At this stage, lifestyle changes can be made that may prevent you from becoming Type 2 diabetic.
- Maintain a healthy weight
- Choose healthy food and beverages
- Be physically active at least 30 minutes 3 times a week
- Reduce stress
- Seek support

Minnesota Lions Diabetes Foundation (MLDF)
We are dedicated to improving the quality of life for people with diabetes by funding research to develop a cure for diabetes, providing education and sponsoring preventative health activities. This month we are working to increase awareness and helping communities in preparing for hypoglycemia (low blood sugar) emergencies by providing a Diabetes Emergency Kit preparation service project for Lions Club International Directors partners-in-service who will help when the LCI board meets in Minnesota.

Your club support in working with us to place these kits in your community – schools, fitness centers and other community locations is important. Please contact us about these kits and how you can help us place them in your community.

Club Visits and Diabetes Service Projects
Please contact your 5M-6 MLDF Trustees to learn more about diabetes and diabetes service projects, and to schedule your club visit (in-person, or online). We can also provide you with diabetes service projects for your club that can be done in person, or on social media platforms or by email. Your support of MLDF is making a difference for countless people in your community and across the world, as new treatments are developed and progress toward a cure for diabetes advances.

Odds and Ends

Stillwater Lions Club Renovates City Flagpole (condensed from Stillwater Lions Club Facebook page)

On Oct. 18, the Stillwater City Council will formally recognize the Stillwater Lions Club for rehabilitating the flagpole in Lowell Park.

Since the Club was founded in 1928, Club members have been key supporters of the park. The Club initially raised money to purchase land for the park and later to purchase playground equipment for the site.

In 1940, the Club dedicated a large flagpole that stood in the park. The flagpole initially contained a bronze plaque indicating that the flagpole was funded by the Stillwater Lions Club. Sometime in the 1980's, the plaque disappeared. The Club then raised approximately $600 to restore the plaque.

It is no surprise that when the Stillwater Lions Club was recently approached by the City to determine the Club's interest in repairing and restoring the flagpole, Club members took on the challenge.

The work was done by Wache Commercial Fisheries in coordination with the city and the contactor who did the work. They ground the pole, primed and painted it with silver paint. They also reconstructed the top bronze ball. They used a boom lift to do the work. The cost of the restoration was $5,600. The plaque on the base will also be renewed. If club members or community members wish to help financially with this effort, the Stillwater Lions Club indicates that "your support is welcome."

KidSight Screening at Minnesota State Fair a Success

During the Minnesota State Fair, which ran from Aug. 25 to Sept. 5, Lions and volunteers from all districts of MD5M screened 2,831 children for possible vision problems. The screening was directed by Trustees of the MD5M Lions KidSight Foundation, Inc and was done using handheld machines that take pictures of children's pupils. Of the 2,831 children tested, 2,520 children did not require a referral to an eye specialist for further testing, 281 children required additional follow-up, and 30 children could not be screened for various reasons including an inability to focus on the camera. Thanks to all who participated in the effort. For additional information, please visit the Lions MD5M KidSight Facebook page here.

District Lions 5M-6 Float Looking for a New Home

At the last Cabinet meeting, the state of the District 5M-6 Float was discussed. It was noted that the District 5M-6 Float needed a considerable amount of repairs before it could be used for a Club event. A motion was made, and seconded that District will no longer be rented by the District, instead the District would offer the Float to a Club or Clubs with the understanding that the Club or Clubs would be responsible for repairing and maintaining the float. The District Governor has received informal notice that at least one club is interested in taking over the float currently with the float. If your Club is interested in taking over the float or working with another Club, please provide a written plan to Lion Rebecca Nelson. Thanks!

Demi Offers Extremely Helpful Benefits

"It's been a very emotionally challenging eight years as a mother," admits Tiffany, mother of not only 8-year-old Lucas, who has autism, but also two younger children, including another who has autism.

Tiffany explains that Lucas struggles with his emotions. "[His] brain tells him everything to the extreme, sad, mad, nervous, even excited; it's heightened."

As he has grown up, Lucas has had a tendency to do what is called "elopement" if something would upset him. Tiffany says, "He would just take off running because he wanted to avoid those feelings." If it happens while they're on their way somewhere, like to therapy, the situation becomes downright dangerous. Tiffany describes, "I'd have to be sure to get a hold of his hand, right away, getting out of a vehicle. [That] was a struggle, because being a mom of three and Lucas being my oldest, I have two other kids who needed my hands as well."

Tiffany's worry was constant, not wanting any of her children to get hurt because of Lucas' elopement. She expresses the emotional struggle as "knowing that my son's brain is telling him things, and I can't convince him otherwise."

Although Tiffany's mom was able to lend help at times, Tiffany knew that an assistance dog could have profound benefits. A 3-year-old black Lab named Demi has proven that to be true.

"Having Demi around helps me, and Lucas, with his elopement," says Tiffany. The tethering even gives Lucas a sense of responsibility. "I tell him 'Be sure you hold on to Demi, so she doesn't run away,' even though she's attached to him and me," Tiffany explains with a grin.

She also gets a kick out of how excited Lucas gets when he gives Demi a command himself and she listens. He'll even respond to her with something like, "Good girl. Listen to me, not Mommy."

And Demi is not the only one Lucas wants to listen. Tiffany shares, "Lucas loves to brag about his dog to anyone who will listen."

In fact, the pride Lucas has for Demi and their unconditional love for each other warms Tiffany's heart. Thinking of their future, she says, "I'm hoping that with Lucas having Demi, he will rein in his emotions, be able

to be more socially appropriate, and grow." Already, Tiffany sums up that Demi has made their life "a lot easier."

This mom of a boy with extreme emotions has an extreme emotion of her own: gratitude for Demi. "THANK YOU, THANK YOU, THANK YOU! There isn't a better word I can say except for thank you for your hard work and dedication … I praise you for that."

Thank you to all those who made this partnership possible:

Whelping Home — Jan McQuillan
Great Start Home — Terry Stieren
Special Thanks — Jennifer and Shane Newman, Laurie Dupont, Rochester Federal Medical Center

MINNESOTA LIONS VISION FOUNDATION

EYE Ball

October 21, 2022 7:00pm-9:30pm

Featuring

Ben Marti Jazz Group

Wine Pull • Appetizers • Cash Bar

$30 per person • $50 per couple

Cash or Check

Semi Formal/Business Attire

Contact Lion Deb Bialke at liondebbialke@gmail.com

Earle Brown Heritage Center
Captains Room
6155 Earle Brown Dr,
Brooklyn Center, MN 55430
7:00pm - 9:30pm

Can your club donate wine for our wine cork pull?
Contact Lion Deb Bialke at liondebbialke@gmail.com

DATES TO REMEMBER

MD5M Multiple Convention

May 5– May 7, 2023	St Cloud MN
April 11– April 24, 2024	Winnipeg

Lions International Convention

July 7-11, 2023	Boston Massachusetts
June 21-25, 2024	Melbourne, Australia
July 4-8, 2025	Mexico City, Mexico
July 3-7, 2026	Atlanta Georgia USA
July 2-6,2027	Washington DC USA
June 23-27,2028	Singapore

DISTRICT 5M6
PDG ASSOCIATION

Paul Williams	2021-2022
Gina Detviler	2020-2021
Tracy Braaten	2019-2020
Eileen Schirer	2018-2019
Curt Stockford	2017-2018
Patrick Findley	2016-2017
Deb Pedro	2014-2015
Paul Kowitz	2013-2014
Dave Dominick	2012-2013
Carol Farley	2011-2012
Dennis Kelly	2011-2012
Mike Molenda	2010-2011
Charlie Anderson	2009-2010
Greg Langbehn	2008-2009
Dave Moen	2007-2008
Lynn Farley	2005-2006
Curt Norenberg	1995-1996
Richard Thron	1994-1995
Bob Nemeth	1993-1994
Joe Fox	1992-1993
Bob Wharton	1983-1984

Congratulates

Brian Sheehan

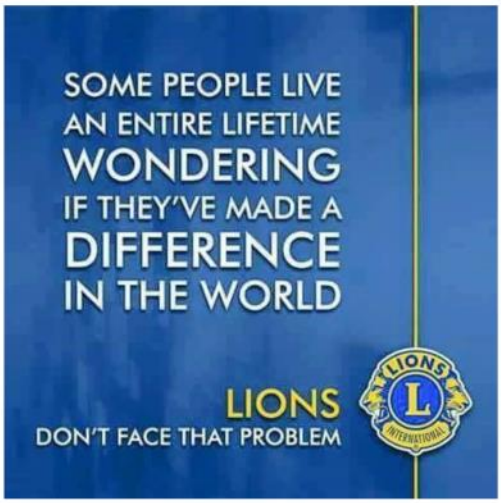
on his election as
International President
2022-2023

Together We Can!

5M6 Membership & Service Workshop

Saturday, November 19, 2022
9:30 am - 2:30pm

This workshop is to gain ideas and form plans on membership and service. A Kidsight Vision Screening training will be held in the afternoon. Two members from each club may register. Morning coffee and rolls, a free Lunch will be provided when staying for both sessions.



YMCA—Maplewood
2100 White Bear Ave N
St. Paul Mn 55109

RSVP by November 10th to
Lion Kim McRunnel
kmcrunnel@gmail.com

FREE DIABETES SCREENING

at the

the YMCA

WOODBURY YMCA

Monday November, 14th 2022

10:00am - 2:00pm

Sponsored by the

WOODBURY LIONS CLUB & WALMART PHARMACY

Woodbury Lions

world diabetes day

14 November

Walmart

FREE DIABETES SCREENING

Sponsored by the

WOODBURY LIONS CLUB

Woodbury Lions

Walmart

& WALMART PHARMACY

Mon. Nov. 14th 2022
10:00am - 2:00pm at
the WOODBURY YMCA

the YMCA

WHAT IS DIABETES?

Diabetes means that your blood sugar is too high. Your blood always has some sugar in it because the body needs sugar for energy to keep you going. Too much sugar in the blood is not good for your health.

WARNING SIGNS

The following symptoms are typical. However, some people with type 2 diabetes have symptoms so mild that they go unnoticed.

Type 1	Type 2
(symptoms usually occur suddenly)	*(symptoms usually occur gradually)*
- Frequent urination	- Any of the type 1 symptoms
- Excessive thirst	- Recurring or hard to heal skin, gum or bladder infections
- Extreme hunger	- Drowsiness
- Dramatic weight loss	- Blurred vision
- Irritability	- Tingling or numbness in hands or feet
- Weakness and fatigue	- Itching
- Nausea and vomiting	

WHAT CAN YOU DO?

You can do things now to lower your risk for diabetes by:

- Keeping your weight in control
- Staying active most days
- Eating low fat, low carb meals that are high in fruits, vegetables, and whole grain foods

www.WoodburyLions.org

WREATHS
across
AMERICA

October, 2022

In December, 1992 in Harrington, Maine, when wreath maker Morrill Worcester found himself with a surplus of 5,000 wreaths during the holiday season. Worcester saw the surplus as an opportunity to pay tribute to our country's veterans and with the help of Maine Senator Olympia Snowe, arranged for the wreaths to be placed at Arlington National Cemetery. This annual tribute to our country's veterans has continued ever since, touching the lives of millions of veterans' families and volunteers.

In 2007, the Worcester family along with veterans and volunteers formed the non-profit organization Wreaths Across America to continue and expand their efforts at Arlington National Cemetery and to support those around the country who wished to do the same. Wreaths Across America's mission is simple: **Remember** the fallen, **Honor** those that serve, and **Teach** the next generation about the value of freedom. Wreaths Across America and its national network of volunteers placed over 2.5 million veterans' wreaths at 3,400 locations in all 50 U.S. states and abroad.

This year, National Wreaths Across America day will be held on Saturday, **December 17th 2022.** Locally, a ceremony will begin at 11:00 AM followed by the placement of wreaths at Fort Snelling National Cemetery located at 7601 South 34th Avenue, Minneapolis, MN 55450 where over 250,000 local veterans are laid to rest. This is open to anyone who would like to attend. Please visit the Wreaths Across Americas website at https://www.wreathsacrossamerica.org/ for updates regarding the ceremony due to COVID-19. Parking is limited.

The Hastings Rivertown Lions Club was announced that we were the top, #1, Service Organization selling Wreaths in Minnesota. Our Lions Club is part of the 29 participating sponsorship groups in Minnesota. Sponsorship groups provided wreaths for 20,813 Veterans Graves in Minnesota. Thanks to all our sponsors for purchasing wreaths from the club. We hope we can do this again.
The **Hastings Rivertown Lions Club** is seeking sponsorship for wreaths. Each hand made, fresh, live wreath cost $15 to sponsor and is made in the United States with Maine balsam. I have included a wreath sponsorship form along with a return envelope for your convenience. Sponsorship must be received **by November 22nd, 2022** to be included in this year's placement. Any purchases, received after this date, will be credited to next year's placement. This is a year-long service project for the club.

On behalf of the volunteers and military families looking to honor all the veterans laid to rest at Fort Snelling National Cemetery, and the Wreaths Across America extended family, I thank you for your consideration of this patriotic cause. Funds that we raise from this program are used to benefit veterans and/or their families in our community.

Respectfully,
Lion Annette Johnson
Hastings Rivertown Lions Club
Wreaths Across America
Fort Snelling National Cemetery

REMEMBER ★ HONOR ★ TEACH

WREATHS *across* AMERICA

Wreath Sponsorship Form

Hastings Rivertown Lions Club

Sponsored wreaths are placed on grave markers at state and national veterans' cemeteries, as well as at local, community cemeteries each December. Wreaths may also be sponsored online at www.WreathsAcrossAmerica.org. If you wish to make your sponsorship with a credit card, please visit our website for a secure online transaction.

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Please make checks payable to:
Wreaths Across America
1920 Wyndham Hill Drive
Hastings, MN 55033

Call 877-385-9504 with any questions.
Thank you for your sponsorship and joining us in our mission to Remember, Honor and Teach!

Sponsorship Type	Price	Quantity	Total
Individual = 1 Wreath	$15.00		
Mailed "In Honor" card = If you wish to send a physical honor card telling someone of your sponsorship, please see "In Honor" section below. The $2 fee is required for this mailing.	$2.00		
Family = 4 Wreaths	$60.00		
Small Business = 10 Wreaths	$150.00		
Corporate = 100 Wreaths	$1,500.00		
		Grand Total	

GRAVE SPECIFIC REQUESTS ARE NOT ACCEPTED ON THIS FORM

In Honor of:

_____

Below, please provide email or mailing address of "In Honor of" recipient so we can notify them of your sponsorship in their honor. If you have a specific message please write it on the back of this sheet.

Email address: _____

Mailing address: _____

In Memory of:

_____

This name will be listed on our online memory wall. Below, please provide name, rank, branch of service and state resided.

Branch of Service: _____

Rank: _____

State: _____

*Please note, **ALL** sponsored wreaths are shipped directly to the location and **NO** wreaths are sent to the individuals purchasing sponsorships.*

Location ID: **MNFSNM** Fundraising Group ID: **MN0003P**

FOR OFFICE USE ONLY:

Cash: _____ Total: _____ Date Received: _____

Total No. Checks: _____ Reconciled: _____

MO: _____

Entered: _____

GEN:

It's All About Our Clubs

Our New Members

Larry Bialke **Lakeville**
Sponsor: Melody Bialke

Anne Mack **Lakeville**
Sponsor: Sean Siebels

Richard Mack **Lakeville**
Sponsor: Sean Siebels

Nancy Nentl **Lakeville**
Sponsor: Jennifer Louie

Mark Gilberg **Maplewood North**
Sponsor: Robert Olson

Joan Wurdeman **Maplewood North**
Sponsor: Robert Olson

Kathy Burth **St. Paul East Side**
Sponsor: Marlene Hayman

Mary Foster **St. Paul East Side**
Sponsor: Rebecca Nelson

Nicole Jolly **St. Paul East Side**
Sponsor: Barbara Mueller

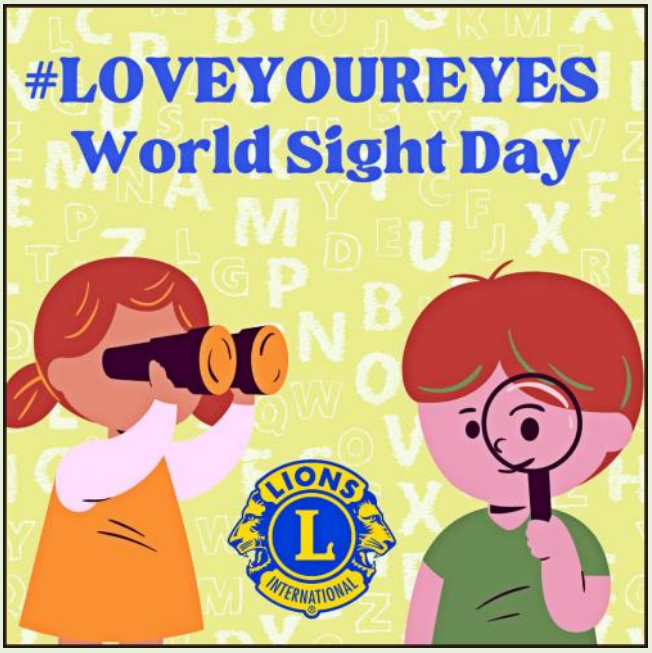
Tara Wirtz **St. Paul East Side**
Sponsor: Rebecca Nelson

Matthew Muenchow **St. Paul Midway**
Sponsor: Dotty Norgard

Brian Henk **St. Paul Park Newport**
Sponsor: Wade Carlson

Mike Lemke **St. Paul Park Newport**
Sponsor: Wade Carlson

5M6 Membership	Sept,up to Oct. 13, 2022	YTD
Opening Balance Number	1,264	1,269
Added Members	13	28
Dropped Members	15	35
Closing Balance	1,262	1,262
Net Gain/Loss	-2	-7



Important Links

- ► District 5M6 Website: 5M6 Website (Newly Designed)
- ► District 5M6 Intranet: 5M6 INTRANET
- ► Lions Clubs International: Lions Clubs International
- ► Multiple District 5M (MD5M): MD5M Website
- ► Lions MD5M Hearing Foundation: MD5M Hearing Foundation
- ► Minnesota Lions Diabetes Foundation: MN Lions Diabetes Foundation
- ► Minnesota Lions Vision Foundation: MN Lions Vision Foundation
- ► Leader Dogs for the Blind: Leader Dogs
- ► MN Lions Childhood Cancer Foundation: MN Lions Childhood Cancer Foundation
- ► Lions MD5M KidSight Foundation: MD5M KidSight Foundation
- ► Can Do Canines: Can Do Canines
- ► Lions Gift of Sight: Lions Gift of Sight
- ► Project New Hope: Project New Hope MN
- ► Special Olympics: Special Olympics MN

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DISTRICT 5M-6

Lions Clubs International extends our mission of service every day – in local communities, in all corners of the globe. The needs are great and our services broad, including sight, health, youth, elderly, the environment and disaster relief.

NEWSLETTER DEADLINE
25TH of each month

Submit your club events, club awards, and Lions program articles to:
williamspkha2259@gmail.com

If you have any questions / concerns, please contact your Newsletter Editor IPDG Paul Williams at williamspkha2259@gmail.com

Thank you!!