

# District 5M-6



DG Gina Dettvler

March 2023

## South St. Paul Southwest Lioness Lions Welcome New Members



1st VDGE Cheryl Kelly welcomes and congratulates new members to the family!! The South St. Paul Southwest Lioness Lions inducted three new members – two more new members were unable to attend due to illness. New members Lion Jeanette Boettcher, Lion Dawn Dush, Lion Liza Gonzalez with sponsors Lion Peggy Wildenauer and Lion President Dee Krey. Way to go !!!

*If you volunteer for something  
that you really care about, you  
don't have to be pushed, the  
Vision pulls you.*

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### FIND DISTRICT 5M-6 ONLINE

ONLINE: [www.lions5m-6.org/](http://www.lions5m-6.org/)

FACEBOOK: District 5M-6 Lions



### PRESIDENT'S MESSAGE

**Together We Can with  
International President Brian Sheehan**

Dear Lion,

Your club is always working to bring bigger and better service to your community. Because every project, no matter how big or small, helps build a stronger foundation for the future. And the best part about it is that there's always something exciting to look forward to.

Let's share our excitement for what's happening now and what's next with our communities. We can give the people around us the opportunity to be the change they want to see by inviting them to help us make it happen. Because everything we do leads to something bigger. And our best work is still ahead of us.

Make a great day,  
Brian Sheehan  
International President

### Celebrate Earth Day with Lions

Making a big difference in your community's future begins with what you do today. So this Earth Day on April 22, let's engage our communities by giving them the opportunity to join us as we work to protect, restore and advocate for the environment.

Learn how Lions are protecting the [environment](#), and download one of our project planners or use [one of these 25 project ideas](#) to help you and your club get started today.

And whether you're serving on Earth Day, or any other day, make sure your community knows who you are by wearing branded Lion gear. Find everything you need online at the [Lions Shop](#) to look your best and show your pride.



## Writings from 1VDGE Cheryl

My Fellow Lions,

What a winter we have had – snow – snow- and more snow....hang in there - spring will be here soon.

This winter has been amazing with attending six different MD5M midwinter conventions. Entertainment from blackjack tournaments to bands of The White Sidewalls, Wreckless and the Rain Kings. Not only do you gain new ideas and a creative way of doing things, but you meet old friends and gain new ones.

I would thoroughly encourage all to grow AND have fun, by attending the: Emerging Lions Leadership Institute (April 13 -16), the Multiple District Convention (May 5-7) and the Lions International Convention (July 7-11, 2023). You can see and feel how Lions working together can make a difference in their communities and the world.

I want to thank you for what you do and the 22 out of 34 clubs that are reporting their hard-working volunteer hours, donated funds and service activities. As of this date, District 5M6 has 24,866 volunteer hours, 1,149 service activities and donated funds of \$863,122.

You are incredible. If your club needs assistance in reporting, please let me know. We would be amazed at the numbers, if all clubs reported their activities by June 30th this year.

Our membership is gaining momentum. We have added 85 new Lions, dropped 69 with a total of 1285.

How can your club be strengthened? Lion Kim McRunnel has had two sessions for the district on the Global Membership Approach.

The Global Membership Approach, also referred to as GMA, is a standard business process that will help your clubs build for the future by defining, where they are now, where they want to be and how they will get there. All of this working toward the ultimate goals of increasing their service, increasing the joy of being a Lion and growing their membership. The GMA process includes **Building a Team; Building a Vision; Building a Plan; and Building Success** by using tools like SWOT, SMART Goals and Action Plans.

As a process, it is ongoing. So, your clubs will **Implement, Monitor, Adjust, Succeed, Celebrate and Repeat.**

Continuous communication is key to GMA's success. That means communicating achievements and struggles so that the entire club knows where the club stands on goal attainment. This will also help to keep the excitement/enthusiasm going. GMA is working well in other districts.

Why not 5M6?

### Tidbits from the District and LCI

#### New Facebook Page for District 5-6 Lions Operational

Besides the District 5M-6 Vision newsletter and the District web-site, District 5M-6 Lions have a new option for accessing information about club and Lion activities. To access this site, go to Facebook and search for Facebook District 5M-6 Lions. Please change your bookmarks so that you do not access the previous Facebook page.

#### Lions in Turkey Provide Earthquake Relief Through LCIF

When a powerful earthquake hit Turkey and Syria on Feb. 5, homes crumbled to the ground, hundreds of other buildings collapsed, thousands of lives were lost, tens of thousands of people were displaced, and communities were changed forever.

Lions Clubs International Foundation (LCIF) quickly responded to empower their service by awarding a \$200,000 Major Catastrophe Grant to Lions in Turkey. Grant funds will enable Lions to provide immediate, short- and long-term relief to victims of one of the largest earthquakes to hit the region in more than 100 years.





# 5M6 Together We Can



**Top:** On Feb. 11, the **Maplewood Oakdale Lions Club** and the community made blankets for the Children's Hospital and Chemo Care Kits for Minnesota Oncology. DG Gina Detviler (center) was one of the volunteers at the event.

**Top Right: Woodbury Lions** staffed a display at R.H. Stafford Library to increase awareness of childhood cancer. The display contained a poster and book selections to enhance understanding and knowledge of local resources.

**Second Page Top: Top Right: Farmington Lions** had a special guest speaker for their February meeting, specifically, Lynn Gorski, Farmington's City Administrator. The Club also presented the City with a large clock.

**Second Page Bottom:** Some members of the **Burnsville Savage Lions Club** toured the Open Door Pantry's new location in Eagan. They left impressed with the organization's new "digs" for providing them with information regarding how they assist those in need in the greater community.

**Immediate Right: Cottage Grove Lions** at Rebus Berg.







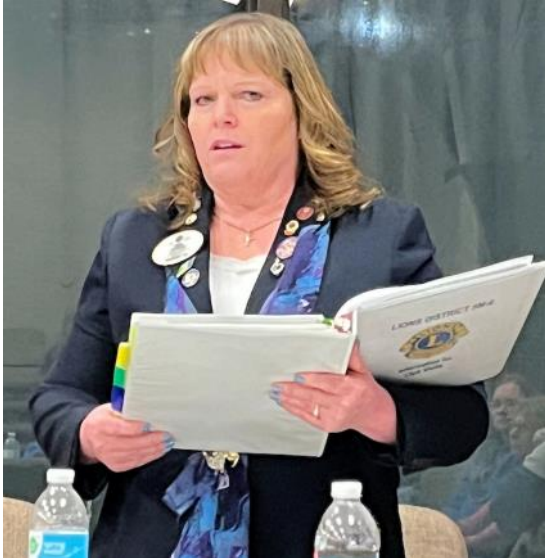
# 5M6 Together We Serve







# 5M6 Together We Can



**Above:** DG Gina Detviler speaking at the membership meeting of the **Hastings Rivertown Lions Club**.

**First Page, Top Right:** Hastings Fire Department leaders were among those attending a Feb. 7 Super Breakfast held by the **Hastings Rivertown Lions Club**. At the event, a free will offering was taken up to benefit the Hastings Fire and Rescue Department.

**Second Page, Top Right:** The **Vadnais Heights Lions Club** worked on a service project involving the tying of fleece blankets.

**Second Page Bottom:** DG Gina Detviler (first row center) spoke at a membership meeting of the **Hastings Rivertown Lions Club**.

**Across:** Valentine's Day Lions monthly meeting for the **St. Paul East Side Lions Club**.







# 5M6 Together We Serve





### MARCH/APRIL CLUB ANNIVERSARIES

Maplewood North	3/23/1964
Rosemount	3/27/1962
Farmington	3/31/1953
Roseville	4/20/ 1955
North Suburban Evening	4/26/1973
Afton/Bayport/Lakeland	4/30/2015



**Lions Clubs International  
FOUNDATION**

Greetings, Lions and Leos!

Every day, I am reminded of the reasons why I became a Lion more than 30 years ago: to serve and give back to my community. And that's exactly what Lions and Leos do. We serve both our local and global communities, when and where people need our help. This service is made stronger through our global foundation. When you support LCIF, you are playing an important part in increasing our collective impact.

Through your acts of service and generosity, you make life-changing outcomes possible. I want to thank everyone who has supported LCIF financially and acted as an ambassador to magnify our mission. As you read this month's newsletter, join me in celebrating all the good we do together, bringing help and hope to people in need across the globe. And, remember to continue [sharing your LCIF stories with us](#), so we can celebrate your grant-funded service projects.

LCIF Chairperson  
Douglas X. Alexander

## Lion Spirit Award



Is there someone in your club who always goes the extra mile?

You may want to nominate them for a monthly Lion Spirit Award. Please send a nomination to DG Gina Detviler at [gdetviler18@gmail.com](mailto:gdetviler18@gmail.com)

Here is a list of possible traits for this member to exhibit:

1. Courage to face challenges head-on. **Problem solver.**
2. Team spirit, proud to be part of a **Pride and Legacy**, something bigger than themselves.
3. **Harmony.**
4. **Passion and Perseverance.**
5. They enjoy having a good time. They encourage **Fun and Fellowship.**
6. **Innovation.** This could be an a special opportunity to recognize, for example, new members who propose or pursue a new project, a new way of doing something, or a new challenge that proves to be successful.

The nominators will not be named in the write-up appearing in the newsletter, so feel free to nominate that special Lion in your Club.

**We want to promote your club's events! Don't see your event here?  
Please submit details to [williamspkha2259@gmail.com](mailto:williamspkha2259@gmail.com) to get your event listed.**



# Integrating Breeze into his Life was a Breeze for Ridge

Ridge knows the drill. As a successor client, Ridge's history with service dogs is extensive. Breeze is his third dog from Can Do Canines since becoming a client in 2006, and he trained a couple of dogs prior to that on his own. Despite having faced premature retirement with his 2019 Mobility and Hearing Assist Dog, Peggy, Ridge kept his heart open and ready to embrace a new partner.

This summer, he was paired with Breeze, and says, "She is just perfect for me ... She makes me be a better person." Ridge has Multiple Sclerosis, hearing loss, and vision issues, so Breeze had big paws to fill in learning a variety of skills. Ridge says, "I drop things a lot, including my guide cane. I always drop that." Whether Breeze is picking up dropped items, tugging open doors, or alerting Ridge to different sounds, she allows Ridge to have a more independent life. "I don't have to depend on other people," he states.

Wearing a patch on one eye, Ridge also relies a bit on Breeze's vision. He explains that when they are out and about, he uses his guide cane but says, "She will show me where curbs are at and changes in elevation, you know, things like that. She will step up on them or stop at them." He is also familiarizing her with the elevators at Mayo Clinic, where he regularly goes for appointments. When they are waiting at the bank of six elevators and they hear a signal that one has arrived, he asks Breeze, "Show me," so she can direct Ridge to the correct one.

Breeze's energy level matches well with Ridge's lifestyle. Though they enjoy going on walks and playing indoors, she has a mellow personality overall. "Breeze loves to cuddle all the time, and I like that," Ridge admits.

Being able to share life with an assistance dog like her is, well ... a Breeze, and Ridge definitely appreciates it. He says, "There are really no words that I can say to say 'thank you.' There are no words to express how I feel. Losing my vision and hearing, I cannot train my own dogs anymore. I just don't have the ability, and without Can Do Canines, I wouldn't be able to. I wouldn't have the independence without Breeze. I ... I ... There aren't words."

Thank you to all those who made this partnership possible:

Puppy Raiser — Stanley Correctional Institution  
Great Start Home — Christine Laney  
Whelping Home — Lindsay Merkel  
Special Thanks — Barb Verhage



# Hearing Foundation Update



<http://www.5mhf.org>

As I have traveled this last couple of months with club visits and district conventions, I am always overwhelmed with the generosity of Lions and their clubs. We have many projects that we have supported over the years with your donations – and continue to support--to help those with hearing needs.

A statewide newborn hearing screening, the first in the country to do so in 1999.

Hearing aid loaner programs for infants, children, and adults with side effects from cancer.

Research grants that bring future medical solutions to fruition by providing space, equipment, and money necessary to support promising ideas. Some that are in the process of researching are: *tinnitus, nerve replacement, and cochlear implants.*

State-of-the-art updates to previous projects, including diagnostic equipment for the *Children's Hearing and ENT clinic* and the *U of Minnesota temporal bone lab.*

Affordable Hearing Aids project. *Talk to your local Lions club for more information.*

Portable testing device for hearing.

Used Hearing aid collections. *Please donate by placing them in the eye glass donation boxes.*

U of M Lions Fellowship chair – Hubert Lim, noted researcher and professor with the university's Otolaryngology Department, *who is working to cure deafness.*

Thanks to all of you and your clubs who continue to support the Minnesota Lions Hearing Foundation. Your work is so appreciated.

And thanks in advance for your support of the D-Feet walk, our signature fundraiser in June. For more information, please go to our website [www.5mhf.org](http://www.5mhf.org) or use our QR code.

[5mhf](http://www.5mhf.org)



# Diabetes Foundation Update

## Minnesota Lions Diabetes Foundation Update



Minnesota Lions Diabetes Foundation's vision dream is to be a part of finding a cure for diabetes. MLDF raises funds and collaborates with partners to conduct research for a cure for Type 1 and Type 2 diabetes, provide diabetes education, and sponsor preventative health activities. On behalf of the Foundation, we thank you – Lions and Lions Clubs – for your generous support during the recent 5M-6 Mid-Winter Convention Parade of Green, and throughout the year.

We hope you will join us, in person or by Zoom Link on March 18 for our annual **Diabetes Research Update** to learn about the significant progress made by scientists in their quest to prevent and cure diabetes – to improve the lives of countless people across the world!

### Physical Activity Challenge

Please join us in MLDF's 2<sup>nd</sup> annual STRIDES Physical Activity Challenge. Participate on your own or as a part of a team you create.

### Club Visits

Please reach out to either Lion Robert or Lion Eileen to schedule your club visit. Whether your club is meeting in person, or virtually, we are available to visit!

Please review information about our Physical Activity Challenge and Diabetes Research Update below.

Lion Robert  
651.788.3432

Lion Eileen  
651.208.1460

## "Catch the Dream" ...Life Without Diabetes

Minnesota Lions Diabetes Foundation  
STRIDES for Diabetes Awareness



### Physical Activity Challenge February, March & April 2023

Commit to 15 miles of Physical Activity a Month  
2,000 Steps = 1 mile

### You Choose Your Activity

Be active on your own  
Be a part of a team

Register at: [MNLionsDiabetes.org](http://MNLionsDiabetes.org)



*Physical activity and healthy food and beverage choices are key to preventing diabetes and improving health.*

Net proceeds benefit  
Minnesota Lions Diabetes Foundation, Inc.

## 14<sup>th</sup> Annual Minnesota Lions Diabetes Foundation Research Update

Join us to hear from University of Minnesota scientists who are conducting research aimed at both preventing and curing diabetes.

Learn how these scientists are searching for a new drug to treat Type 2 diabetes, stopping the body's immune system from attacking islet cells to cure diabetes, generating organs and tissues from animals, viewing transplant islets pre-and post-transplant, and eliminating lifelong use of immunosuppressant medications following transplants.

**Saturday, March 18, 2023**

**St. Cloud River's Edge Convention Center**

**Attend in person or by Zoom Link**

11 a.m. Registration and Social  
Noon Lunch  
1 p.m. Program  
2:30 p.m. Meet and Greet Scientists

**RSVP by Tuesday, March 7**

**RSVP and questions via email to**  
Larry Winner at [Lrrywnnr@gmail.com](mailto:Lrrywnnr@gmail.com)

# Diabetes Foundation Update (cont.)



## MINNESOTA LIONS DIABETES FOUNDATION, INC. *"Catch the Dream" – Life Without Diabetes!*

### 2023 STRIDES For Diabetes Awareness – Physical Fitness Challenge and Fundraiser

**Club Secretaries or Presidents Please Share this letter and related flier all members.**

To All Lions of District 5M-6,

The Minnesota Lions Diabetes Foundation is asking each Lions Club within Minnesota and each Lion within our clubs to join us in this fundraising activity.

**Your Health** - Diabetes is often brought on by heredity and by individual lifestyle. *Physical activity and food choices are key to preventing diabetes and improving health.* Again, this year we are including a physical challenge to our annual fundraiser. You choose to do the activities you enjoy. During these winter months we can all use a challenge to help get started and keep moving. You may go your own way or gather friends and family to share in your activities.

**Your Financial Support** - By Registering / Donating you will be helping finance the critical research being done to find a cure to Type 1 and Type 2 diabetes. Each day we see people in our community and around the world who suffer from the effects of diabetes. Imagine no diabetes in our world!

To Register / Donate Go to [www.MNLionsDiabetes.org](http://www.MNLionsDiabetes.org) click on the **STRIDES** logo.  
Or complete the enclosed form and mail it with your donation.

The University of Minnesota, with the help of Lions, is making progress. Humans have had eyelet transplants that have cured them of diabetes, and FDA approvals are progressing on research projects. But we have a way to go to make some of these incredible advances available to everyone.

GO THE EXTRA MILE – For Diabetes Awareness, Thank You for your support,

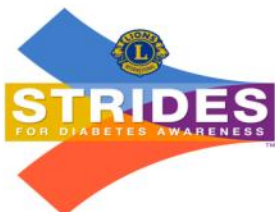
Lion Eileen Schirer  
Co-Trustee for District 5M-6  
3880 McMenemy Street  
Vadnais Heights, MN 55127

Lion Robert Olson  
Co-Trustee for District 5M-6

Minnesota Lions Diabetes Foundation, Inc. EIN 26-3238179 is a non-profit tax-exempt corporation under Section 501(c)3 of the Internal Revenue Service Code.



# Diabetes Foundation Update



*"Catch the Dream"  
...Life Without Diabetes!*

**STRIDES  
for  
Diabetes Awareness**



## Minnesota Lions Diabetes Foundation Physical Activity Challenge

### February, March & April 2023

Commit to 15 Miles of Physical Activity a Month  
2000 steps = 1 mile

You Choose Your Activity  
Be active on your own or be a part of a team.

Donate or register any time February 1 – April 30, 2023

Credit Card Registration/Donations can be made at [MNLionsDiabetes.org](http://MNLionsDiabetes.org)

Lions Club Name \_\_\_\_\_ Lions District 5M-6

Challenge Team Name \_\_\_\_\_

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Donation Amount  
\$1,000 \_\_\_\_\_ \$500 \_\_\_\_\_ \$250 \_\_\_\_\_ \$100 \_\_\_\_\_ \$50 \_\_\_\_\_ \$30 \_\_\_\_\_ Other \_\_\_\_\_

Mail to:  
Lion Mike Edwards, Minnesota Lions Diabetes Foundation, 11070 16th Street N.E., St. Michael, MN 55376

Net Proceeds benefit Minnesota Lions Diabetes Foundation

[MNLionsDiabetes.org](http://MNLionsDiabetes.org)

*Thank You for Your Support! Lions Eileen and Robert D5M-6 Co-Trustees*

# SERVICE PROJECT SAMPLER DAY

**Saturday, April 15 • 10 a.m. - 1 p.m.**

**Free  
lunch for all  
volunteers!**

**Scandia Community Center**

**Sponsored by the Scandia-Marine Lions Club**  
*For more information, contact Lion Ann Rinkenberger  
at [ann.m.rinkenberger@gmail.com](mailto:ann.m.rinkenberger@gmail.com)*

**15  
hands-on service  
activities and 21  
collection drives!**

## JOIN US TO:

- Make 600 sandwiches for those experiencing homelessness
- Cut blue jeans into pieces that will be used to make 25 shoes for children who suffer from a crippling foot parasite called jiggers
- Sew pillowcases for children living in extreme poverty at Yurok Indian Reservation in California
- Create 200 nature and craft kits for Gammelgarden Museum of Scandia
- Tie fleece blankets for pediatric cancer patients
- Color pictures for seniors who are in nursing homes or homebound; veterans; and servicemen and women who are stationed throughout the world
- Sew pinless diapers for newborns in third-world countries
- Assemble activity kits for youth with cancer
- Complete kits for girls in third-world countries so they can go to school when they have their period
- Knit and crochet baby hats and blankets for newborns in third-world countries
- Create fleece blankets for kittens, cats, and dogs at Northwoods Humane Society
- Assemble bluebird houses to create a bluebird trail
- Write letters or draw pictures for residents of Christian Community Home
- Make and take home wildflower seed balls
- Make and take home homemade bird suet and seed mixes

### ***We also will collect:***

- Items for activity kits for children and teens with cancer (e.g., activity/coloring books, crayons, markers, sticker

books, MadLibs, gel pens, puzzles, and travel-sized games)

- New or very gently used clothing for youth and adults for Valley Outreach in Stillwater (e.g., shorts, t-shirts, short-sleeve shirts, sandals, swimsuits, light jackets, tennis shoes, summer hats, polo shirts)
- Empty plastic pill bottles with labels removed for Matthew 25: Ministries
- Items for Gammelgarden Museum of Scandia (e.g., gift cards to purchase items for youth programs [Walmart, Amazon.com, Menards, Joanns, and Prairie Restorations], 20 baskets with handles [to hold 3 strawberry plants], oversized lawn games, antique/old children's games [jacks, marbles], items for Girls & Dolls Tea Parties [china sets, china teapots, sets of 4-6 new cloth napkins, high-chairs for dolls, white gloves in children's sizes, and new rectangular tablecloths])
- New LEGO sets for children and teens with cancer
- Items for Northwoods Humane Society (e.g., dry puppy food, dry kitten food, pate style canned cat food, canned kitten food, clay cat litter [non-clumping], puppy milk replacer, cat toys, soft dog treats, disinfectant wipes, and laundry detergent [liquid, HE])
- Items for personal care and household cleaning for Family Pathways Food Shelf (e.g., deodorant, toothbrushes, toothpaste, shampoo [full size], conditioner [full size], body lotion, multi-pack of soap, window cleaner, surface cleaner, floor cleaner, dish soap, and dishwasher soap)
- Lead fishing tackle
- Items for Wildlife Science Center (e.g., left-handed welding gloves, thermometers, sponges, scour pads, spray

bottles, large poop scoopers, kitchen shears, metal food dishes, contractor bags [3 mm thick], and Ziploc bags [any size/brand])

- Non-perishable food for the Scandia-Marine Food Shelf. All items should have expiration dates of September 2023 and beyond
- Pop tabs
- Eyeglasses - without cases
- Hearing aids
- Baby blankets for newborns in third-world countries. The blankets need to be acrylic or cotton yarn and be 30"x30"
- Aluminum cans for recycling
- New or very gently used multilingual books or books featuring diverse characters and themes for ages pre-K to fifth grade (e.g., board books, picture books, easy chapter books, middle-grade chapter books)
- Used digital cameras - for Ukrainian refugee youth in Mellerud, Sweden
- Plastic bags
- Financial donations for:
  - Sponsoring two puppies for Leader Dogs for the Blind
  - Supporting cataract surgeries to restore sight through SightFirst
  - Supporting Scandia-Marine Lions' local programs and services

### ***New This Year:***

- Free haircuts by Scandia Hair Design for those donating 8"+ of hair to Children with Hair Loss

## **EVERYONE IS INVITED!**

***Sign-up to volunteer here: <http://www.scandiamarinelions.org/volunteer>***



## Easter Bunny Basket-Scavenger Hunt

Saturday, April 1st 2023 8:00am to 10:00am

Sponsored by the Hastings Rivertown Lions Club



Registration closes Tuesday April 28th, 2023

Each basket is \$5.00, with a family maximum of \$20.00

When registering tell us your child's name and age.

Pick up your basket and scavenger hunt at Rez Methodist Church  
615 15th Street West, Saturday, April 1st, 2023 8:00am-10:00am

The scavenger hunt includes 6 photo clues of places around Hastings.  
You will know you're in the right spot when you see the Lions Club egg  
(please don't take it). Take some family photos on the scavenger  
hunt and we would love to share them on our Facebook page.



### Registration form:

Name	Phone number	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Send or drop off at:  
Att. Rivertown Lions  
603 5th Street W.  
Hastings, MN 55033

Make Checks Payable to  
Hastings Rivertown Lions



# LCI Peace Poster and Peace Essay Contests

**Editor's Note:** For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity. To see winning Peace Poster winners from the 2022-2023 year, please click [here](#).

There is a corresponding essay contest for students who are visually impaired. To read the winning essays from previous years, please click [here](#).

The theme for the 2023-2024 LCI Peace Poster Contest as well as the Essay Contest is **Dare to Dream**. Some basic Information about the Peace Poster Contest follows. Additional information about both contests is also available on the District 5M-6 Facebook page, which can be accessed by going to Facebook and searching for the term Facebook District 5M-6 Lions.

By contacting schools and youth organizations now, students have the opportunity to work on their art or essay through the summer. This allows schools to take part without interfering with the normal school curricula as the students can do the work as independent study.

Additional resource material is available to help you plan a successful contest that reaches out and becomes a community event. Please contact Lion Mark Cavaleri PhD at [ppc@woodburylions.org](mailto:ppc@woodburylions.org) if you have any questions or would like assistance with your Peace Contests.



# LCI Peace Poster and Peace Essay Contests



 LIONS INTERNATIONAL

## PEACE POSTER

2023-2024

Dare to Dream

LIONS INTERNATIONAL  
PEACE POSTER CONTEST  
Official Club Contest Guide & Rules

### YOUR OFFICIAL PEACE POSTER KIT

This kit contains everything your club needs to sponsor one contest at a school or organized, sponsored youth group.

- Official Club Contest Guide & Rules (PPC-1)
- Official School or Youth Group Contest Guide & Rules\* (PPC-2)
- Participant Flyer\* (PPC-3) for your club to fill in the blanks, duplicate and give to each participating student to take home
- Winner Sticker (PPC-4) for your club to complete and place on back of the winning poster
- Achievement Award (PPC-5) and Certificate of Appreciation (PPC-6) for contest winner and sponsored school or youth group

\*Please provide only the Official School or Youth Group Contest Guide & Rules (PPC-2) and the Participant Flyer (PPC-3) to your club's contact at the participating school or youth group. The club retains all other items in the kit.

Now you're ready to get started. Have fun, and good luck!

# LCI Peace Poster and Peace Essay Contests

## Dare to Dream

Thank you for sponsoring the Lions International Peace Poster Contest! This contest is a wonderful opportunity for your club to work with youth in your community to promote peace, tolerance and international understanding. It encourages young people, ages 11 to 13, to think about peace, creatively express what it means to them and share their unique visions with the world.

### 6 EASY STEPS TO A SUCCESSFUL CONTEST

#### 1. Connect with Your School or Youth Group

Get in touch with an area school or organized, sponsored youth group early to allow enough time for planning. Once you have confirmed their participation:

- Provide the school or youth group contact with the **Official School or Youth Group Contest Guide & Rules**. Add your Peace Poster Contest chairperson's name and phone number in the spaces provided.
- Let the school and/or youth group contact know that you and your club are there to help!

Expand your contest! Involve your club members in identifying schools and youth groups to participate in the contest. Your club can sponsor more than one school or youth group—or multiple contests within the same school or youth group (i.e., one per grade level)—**but a Peace Poster Contest kit must be purchased for each contest sponsored.**

To place your order for Peace Poster Contest Kits, visit the LCI Store at [shop.lionsclubs.org](http://shop.lionsclubs.org) and Search "Peace Poster Kit." The price is \$11.95 USD each. Kits are available from January 15 to October 1.

#### 2. Notify Your District Governor of Your Club's Participation

Email or call your club's district governor immediately to let them know that your club is participating in the contest. Be sure to confirm the deadline dates and when the district judging will be held.

#### 3. Arrange Contest Judging

Discuss how the judging will be handled with your school or youth group contact. Work together to identify an individual, such as the school principal, youth group leader, local artist, club representative or a panel of judges to select one winning poster for each contest sponsored by your club.

Judges are asked to evaluate posters on three criteria: **originality, artistic merit and expression of the theme, "Dare to Dream."**

Posters selected to advance to the next level of judging must meet all the requirements as outlined in the Contest Rules & Conditions. **Posters not meeting these specifications will be disqualified.**

#### 4. Advance Your Club's Winning Poster to the Next Level of Judging

After the winning poster is selected, forward it on to the next level of judging. If your club has sponsored multiple contests, you need to advance one winning poster for each contest (per kit purchased).

- Complete sections I and II on the **Winner Sticker (PPC-4)**. (Section I includes a signature line for parent or guardian consent.) Affix the sticker to the back, lower right-hand corner of the poster. **Posters without the completed Winner Stickers will be disqualified.** Reproductions of the sticker are not permitted.
- Take a photo of the winning poster for your club's publicity purposes, as well as to have a record of the student's artwork.
- To ensure that the poster arrives at the next level of judging in good condition, roll it and send it in a mailing tube. **Do not fold the poster.**
- Lions International Headquarters does not reimburse clubs for the cost of postage or shipping.
- Send the poster to your district governor for district judging. Entries must be postmarked on or before November 15, 2023. (If your club is not districted, forward the poster to Brand & Creative at International Headquarters by December 1, 2023.) Use express mail service when possible.
- Follow up with your district governor to make sure they received your club's poster. Winning entries submitted after the due date will be disqualified.

#peaceposter



# LCI Peace Poster and Peace Essay Contests

## 5. Recognize and Award Your Contest Winners

You'll find certificates for the club contest winner and participating school or youth group in this kit. Honorable mention certificates are available to print at [lionsclubs.org/peaceposter](https://lionsclubs.org/peaceposter).

Your club may offer additional prizes and even consider holding a special award ceremony during a club meeting or at the participating school or youth group location. If so, discuss this with the school or youth group contact. Artists of posters advancing to the final international judging are recognized as follows:

- **International Grand Prize Winner** receives a trip to an award ceremony where he or she will receive US\$5,000 (or local equivalent) and an award. Two family members (one being the winner's parent or legal guardian) and the sponsoring Lions club president or a club member (as designated by club president) are invited to accompany the winner to the award ceremony.
- **23 Merit Award Winners** will each receive US\$500 (or local equivalent) and a certificate of achievement.

## 6. Promote Your Contest Winner

Publicity brings recognition to your club, the school or youth group and participants. In addition, it creates community support and awareness of your club's activities.

- Raise awareness about the Peace Poster Contest and celebrate your contest winners on your social channels. Download social media graphics and customizable templates, **Peace Contest Social Media Kits** are available at [lionsclubs.org/peaceposter](https://lionsclubs.org/peaceposter). Tag your posts! #peaceposter
- Prepare a press release on your club's letterhead announcing the winner. Download the **Peace Poster Winner Press Release** template at [lionsclubs.org/peaceposter](https://lionsclubs.org/peaceposter). Send a photograph of the contest winner and their winning poster with the press release to the editor/reporter of the features or community section of your local newspaper(s). Be sure to photograph the poster before advancing it to the next judging level. Keep a photograph for the club and student's records.



If your club or the school is hosting a special award ceremony for the winner, work with your school contacts to invite your local media to attend.

- Update the media and your social channels if your club's entry advances to the multiple district or international judging levels.
- Make arrangements to exhibit the local contest entries in a public library, community center, festival or other public area.

Participants accept all responsibility for late, lost, misdirected or illegible entries. Entries sent with insufficient postage will be disqualified. Lions Clubs International is not responsible for entries damaged, destroyed or lost during the judging process. Entries cannot be acknowledged or returned. They become property of Lions Clubs International upon receipt. Peace Poster Contest images cannot be used without written permission from Lions Clubs International.

In consideration for the opportunity to enter the Peace Poster Contest, participants agree to allow Lions Clubs International to use their names and photographs for promotional and publicity purposes. An international grand prize winner is not eligible to receive subsequent prizes in future Lions International Peace Poster Contests sponsored by Lions Clubs International. By entering, participants agree to be bound by these rules and the decisions of the judges and Lions Clubs International.

Lions Clubs International may cancel the contest without notice at any time. The contest is void where prohibited, taxed or restricted by law.



## Upcoming Club Events

- ⇒ The **White Bear Lake Lions Club** will have their **All Abilities Park Community Build** on **Saturday, June 3rd and Sunday June 4th, 2023**. The build will take place from 8:00 a.m. - 5:00 p.m. in Lakewood Hills Park. The project will require approximately 100 volunteers each day. There will be no hard or dangerous work. Pieces and parts for all the playground equipment must be carried to the assemblers. AM and PM shifts will be available. Please plan to help with this community event. Students looking for service hours are asked to help. Closed toe shoes please and gloves for safety. A light lunch will be provided. Watch for more updates as we get closer to June.
- ⇒ The **Mounds View Lions Club** is sponsoring an **all-you-can-eat waffle dinner** on **Wednesday, March 22nd**, at Abiding Savior Lutheran Church, 8211 Red Oak Drive, Mounds View, MN. Food will be served from 4:15 p.m. to 6:30 p.m. A \$5.00 per person donation to benefit the Mounds View food shelf is requested.
- ⇒ The **Cottage Grove Lions** will have its annual **Breakfast with the Easter Bunny** at the Red Barn VFW in Cottage Grove on **April 2nd, 2023** from 8:00 a.m. to noon. Come and take pictures of the kids with the Easter Bunny and have breakfast of pancakes, sausage, scrambled eggs, biscuits and gravy. Fresh Mini Donuts made right there will also be available for purchase. There will be free door prize drawings of bikes, balance bikes, tricycles and scooters for the children.
- ⇒ This year, the **Shoreview Arden Hills Lions Club** is hosting the TASTE of Shoreview. The event will take place at the Shoreview Community Center, 4580 Victoria St. N, Shoreview, on **Thursday, April 20**. Tickets for the event may be purchased [here](#).
- ⇒ **Host/Co-Host Families are needed for the 2023 MD5M Youth Camps and Exchange**. Camp Spicer is **scheduled for July 21 to July 29**. Host families are needed when the youth are not at camp. Information and applications for potential hosts can be accessed by clicking [here](#). If you have questions, you may also contact Lion Laurie directly at [lions5m6youthexchange@hotmail.com](mailto:lions5m6youthexchange@hotmail.com) Thank you for all of your ongoing support of Lions International Youth Camps and Exchange programs.



## Upcoming Club Events



# Vadnais Heights



# LIONS



# Belgian



# Waffle Breakfast

**Sunday, Apr. 2<sup>nd</sup> 8 AM - 1 PM**

Cash or  
Check Only  
Please

**Seniors**  
\$8<sup>00</sup> 63+

**Adults**  
\$9<sup>00</sup> 15-62

**Kids**  
\$5<sup>00</sup> 6-14

**Li'l Kids**  
Free 0-5

### Information & Activities

#### FREE KIDSIGHT VISION SCREENING



Lions MD5M KidSight  
Foundation  
program to safeguard the vision  
of children aged 6 months  
through 6 years

- MN Lions Diabetes Foundation
- MN Lions Vision Foundation
- MN Lions Hearing Foundation
- Used Eyeglass and Hearing Aid Collection
- Can Do Canines
- Camp Confidence Learning Center

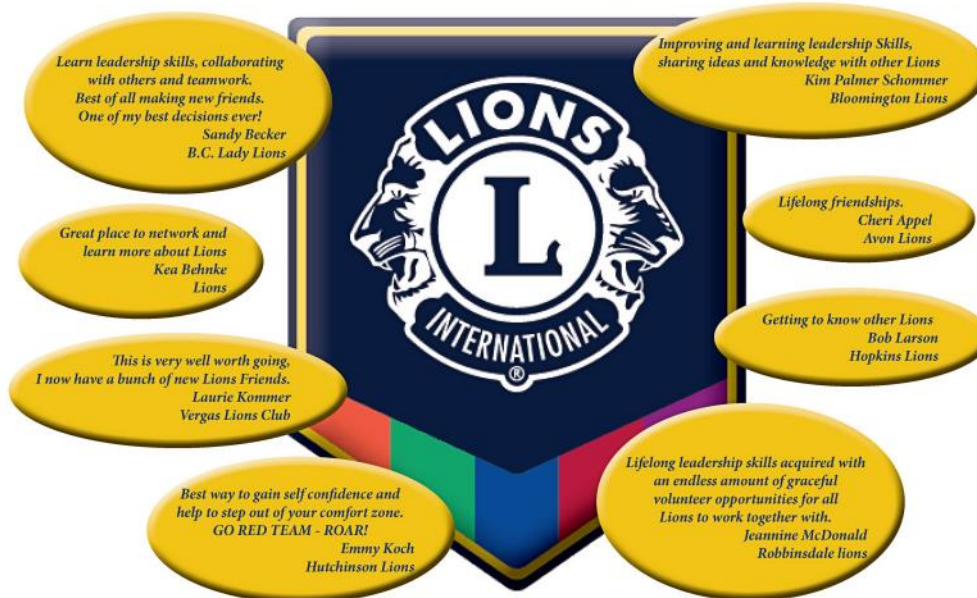
- Fire Truck Tours
- Safety & Fire Protection
- Ramsey County Sheriff
  - K-9
  - Lakes & Trail Unit



**Vadnais Heights Commons**  
655 East County Road F

## Upcoming Lions Training Event

# Why should I go to a Lions Leadership Institute?



## Emerging Lions Leadership Institute (ELLI):

**Registration is now open**

The goal of the Emerging Lions Leadership Institute (ELLI) is to prepare Lions for leadership positions at the club level. Qualified candidates are Lions in good standing who have successfully served on a club committee and have not yet obtained the level of club president.

It is strongly recommended that all club vice presidents attend ELLI.

The Institute will be held at:

the *Dean Lakes Education Center 4601 Dean Lakes Boulevard | Shakopee, MN 55379*

Accommodations are available at the *Holiday Inn Express 4550 12th Avenue E Shakopee, MN 55379 952-445-2244*. Cost will be \$124 USD per night not including tax. Reservations must be made by Friday, March 24. Lions will be allowed to commute to the Institute providing they can do so from a safe distance and attend all Institute functions.

Cost of the Institute is \$100 USD in addition to lodging and travel expenses. The Multiple District will provide all meals and training materials.

The deadline to submit your completed application to your District Governor is March 17, 2023.

The application is located on the MD5M website:  
[lionsmd5m.org](https://lionsmd5m.org) under resources.

If you have any questions please email Lion Dennis W. Kelly III,  
MD5M GLT Coordinator at [dkellylion@gmail.com](mailto:dkellylion@gmail.com)

*For more information on Lions Leadership institutes*





## Other Upcoming Event

# Fundraiser for Angie Hallaway!



## PURSE BINGO & SILENT AUCTION

THURSDAY, APRIL 20 AT 7:00 PM.  
DOORS OPEN AT 6:00.  
BINGO SALES START AT 6:30.

Email [Kmcrunnel@gmail.com](mailto:Kmcrunnel@gmail.com)  
to reserve your spot.



American Legion  
263 3rd St N  
Bayport, MN



# It's All About Our Clubs



## Our New Members

**Kathryn Thoemke**      **Afton/Bayport/Lakeland (ABL)**  
Sponsor: Vicki Slagle

**Mike Thoemke**      **Afton/Bayport/Lakeland (ABL)**  
Sponsor: Vicki Slagle

**Emily Schafhauser**      **Eagan**  
Sponsor: Matt Trainer

**Sid Hegseth**      **Lakeville**  
Sponsor: Paul Haglund

**Carter Stults Jr.**      **Miesville**  
Sponsor: John Wiedeholt

**Timothy Weber**      **Miesville**  
Sponsor: N/A

**Thomas Florczak**      **South St. Paul**  
Sponsor: Paul Zubrzycki

**Dawn Dush**      **SSP Southwest Lioness Lions**  
Sponsor: Jeanette Wolf Boettcher

**Lisa Gonzalez**      **SSP Southwest Lioness Lions**  
Sponsor: Peggy Wildenauer

**Jeanette Wolf Boettcher**      **SSP Southwest Lioness Lions**  
Sponsor: Dee Krey

**Ken Lewis**      **St. Paul East Side**  
Sponsor: David Gallaway

**Lynn Hunsberger**      **Woodbury**  
Sponsor: Matthew Johnson







# Important Links

- ▶ District 5M-6 Website: [Lions 5m-6.org](http://Lions5m-6.org) Updated)
- ▶ District 5M-6 Facebook Page: District 5M-6 Lions (New)
- ▶ Lions Clubs International: [Lions Clubs International](http://LionsClubsInternational.org)
- ▶ Multiple District 5M (MD5M): [MD5M Website](http://MD5MWebsite.org)
- ▶ Lions MD5M Hearing Foundation: [MD5M Hearing Foundation](http://MD5MHearingFoundation.org)
- ▶ Minnesota Lions Diabetes Foundation: [MN Lions Diabetes Foundation](http://MNLionsDiabetesFoundation.org)
- ▶ Minnesota Lions Vision Foundation: [MN Lions Vision Foundation](http://MNLionsVisionFoundation.org)
- ▶ Leader Dogs for the Blind: [Leader Dogs](http://LeaderDogs.org)
- ▶ MN Lions Childhood Cancer Foundation: [MN Lions Childhood Cancer Foundation](http://MNLionsChildhoodCancerFoundation.org)
- ▶ Lions MD5M KidSight Foundation: [MD5M KidSight Foundation](http://MD5MKidSightFoundation.org)
- ▶ Can Do Canines: [Can Do Canines](http://CanDoCanines.org)
- ▶ Lions Gift of Sight: [Lions Gift of Sight](http://LionsGiftofSight.org)
- ▶ Project New Hope: [Project New Hope MN](http://ProjectNewHopeMN.org)
- ▶ Special Olympics: [Special Olympics MN](http://SpecialOlympicsMN.org)

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## DISTRICT 5M-6

Lions Clubs International extends our mission of service every day – in local communities, in all corners of the globe. The needs are great and our services broad, including sight, health, youth, elderly, the environment, and disaster relief.

## NEWSLETTER DEADLINE 25<sup>TH</sup> of each month

Submit your club events, club awards, and Lions program articles to:  
[williamspkha2259@gmail.com](mailto:williamspkha2259@gmail.com)

If you have any questions / concerns, please contact your Newsletter Editor IPDG Paul Williams at [williamspkha2259@gmail.com](mailto:williamspkha2259@gmail.com)

Thank you!!